


NORTHBRIDGE COMPANIES COVID-19 SAFETY PLEDGE

As a Northbridge Associate during the COVID-19 pandemic, your actions here at work and after you leave have a **big impact.**

Here at **NORTHBRIDGE** we encourage you to practice
—— social distancing ——
among each other and outside the community, and to
share what you have learned with your friends  and family.

Practicing social distancing and good infection control are
simple steps and extremely effective.

These
actions
could
save
lives!

We could not keep our residents and team members safe without **you.**
each and every one of

You are a
Hero.

WE PLEDGE

To do everything in our power to keep each other, our associates, and our residents safe by supplying medical grade PPE, enforcing the guidelines provided by the CDC, WHO and local health officials, and providing consistent communication and resources in regards to safety protocols and training.



Date

I PLEDGE

to keep myself, my family, my co-workers, and my residents safe by following the COVID-19 safety protocols both at home and in my community.

Associate (print)

Associate (signature)

AT HOME



Wash your hands often with soap and water for at least 20 seconds after you have been in a public space, and after blowing your nose, coughing or sneezing. If soap and water are not available use hand sanitizer that contains at least 60% alcohol. Avoid touching your face.

Avoid close contact with people who are sick in your home. If possible, maintain a 6 foot distance or use protective gear such as a mask and gloves.

Stay at home when not at work to limit exposure to others.

Wear a mask that covers your nose and mouth when you are out in public at all times and keep a safe 6 foot social distance from others.

Clean and disinfect frequently touched surfaces daily including inside your car, door handles, doorknobs, countertops, keyboards, phones, toilets, faucets, sinks, and shoes.

Feeling sick? if you feel like you have a cold, flu-like symptoms, the stomach bug, or are achy or feverish, DO NOT come to work. Call your supervisor to let them know you will not be in to work as early as possible. We recommend you contact your doctor for advice.

IN MY COMMUNITY



Screening for temperature and symptoms will be done every day to protect you, your co-workers and our residents. Take the time to read and answer the questions truthfully as questions will change from time to time.

Personal Protective Equipment must be worn when you are in the community. This includes face masks at all times and gloves when interacting with a resident. Gloves must be changed after each resident interaction. In addition, due to potential COVID-19 exposure you may be required to wear gowns and protective eyewear.

Masks protect you and your residents and co-workers. DO NOT pull down or remove your mask to speak to a resident or co-worker.

Wash your hands often with soap and water for at least 20 seconds after you have been in a public space, and after blowing your nose, coughing or sneezing and before and after you interact with a resident. If soap and water are not available use hand sanitizer that contains at least 60% alcohol. Avoid touching your face and the front of your mask.

Clean and disinfect frequently touched surfaces daily including key pads, railings, door handles, doorknobs, tables, chairs, countertops, keyboards, phones, toilets, faucets, walkies, iPads, and elevator buttons.

Feeling sick? if you feel like you have a cold, flu-like symptoms, the stomach bug, or are achy or feverish, notify your supervisor immediately and go home. We recommend you contact your doctor for advice.

Practice Social Distancing Maintain 6 feet of distance from one another, including in staff huddles and in break rooms.